

# Walking Basketball



A slower low impact version  
of basketball

*Cost: \$5 per session*

**Times:** 9.30am – 10.30am

**Dates:** 11<sup>th</sup>, 18<sup>th</sup> & 25<sup>th</sup> October – ASB Stadium  
1<sup>st</sup>, 22, & 29<sup>th</sup> November – ASB Stadium

8<sup>th</sup> & 15<sup>th</sup> November – Mt Sports Centre  
6<sup>th</sup> December – Mt Sports Centre



Join us for a fun low stress  
workout

For all ages and abilities



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