

Tauranga City Basketball



Little League Playing Rules

This League is all about participation and enjoyment of the game. It is expected that all players have fun while learning the basics of dribbling and passing to their team mates in a game situation. All Players need to feel that they are contributing to the game in a safe, encouraging and positive environment. With this in mind it is expected that the Coach or a Parent from each team are on the court assisting the players to learn.

- Ball:** Size 5. **Basketball Hoop Height:** 7ft (lowest height)
- Game Time:** 22 minutes straight game. Team sheets must be filled in 10 minutes prior to start time. Please have your team ready to take the court.
- Teams:** **Each Player must be the correct school year to participate in this league.** There are four players per team on the court at any one time. A maximum of 6 on a team is ideal. The game is played on half a basketball court.
- Referees:** One Coach or Parent per team serve as the referees. (i.e. two on the court at a time). Whilst on court they coach the game as it goes along encouraging players to pass to their team mates, helping all players to feel part of the game and educating the players in the game. Coach/Referees are asked to assist all players not just their own team.
- Points:** Two points for all goals, no free throws nor three pointers.
- Jump Ball:** Game is started with a jump ball at halfway.
- Subs:** Rolling subs. A player can sub another player at any time of the game
- Defense:** Man to man only (players are to match up one on one)
- Defending:** The ball **CANNOT** be taken from a stationary player. The ball may only be taken on the dribble as long as no contact occurs. One player can defend another player who is shooting the ball but they **MUST** stand with their arms and body straight up and down.
- Dribbling:** After **3 dribbles** a player must pass the ball. This is to encourage team play.
- Change of Possession:** When the ball changes possession the ball must be dribbled or passed back over the three-point line before the team is allowed to try and score a basket.
- Scored Basket:** After a basket is scored play restarts with the ball passed in from the baseline and the ball must be taken back over the three-point line.
- Completion of the Game:** At the end of the game **all** players line up and attempt a free throw in front of the basket. Each successful shot to be a point added to the team's total points. This is to give every player an opportunity to score a point for their team.

