



Development Programme

Term 4 2017

The Programme consists of weekly coaching sessions, where basic fundamentals are introduced in an age relevant manner within FUN activities and drills. Players need no experience to attend.

These squads do not play in a weekly competition – we encourage all participants to play for their own school teams.

The Junior Development Programme is designed to supplement/complement the Tauranga City Basketball Representative programme and school basketball programmes.

Players will need to bring the following to each session:

- Drink Bottle
- Comfortable sports clothes to train in
- Sports Shoes (trainers)
- Warm clothes to wear after training

The Coaching Staff

Rachel Gwerder –
Director of Development



Rachel has 25 years coaching experience, and has been in full-time employment in player development for the past 21 years working at the following associations; North Harbour, Waikato, Otago and Tauranga. She was employed by Basketball New Zealand as the South Island Coach and Player Development Officer. She has been the Mentor Coach on BBNZ Koru Tours for many years, she has coached within the BBNZ National Team Framework as Head Coach of U16, U18 and Junior Talls Ferns and has been an Assistant Coach with the NZ Women’s Team the Tall Fern’s.

Tony Webster
Senior Development Officer



Tony has had 30+ years as a coach. He has worked as a coach at the following levels; USA College – University of Hawaii, NBL – Auckland Stars, Harbour Heat, NZ National Age Group – U16’s to Junior Tall Blacks, North Harbour Representative Programme and Secondary School Programmes at Rangitoto, Westlake and Kristin.

Luke Appel
Development Officer



Luke has had 12 years of coaching experience. Born in New Zealand but raised in America. He has coached semi-professional and representative teams in Australia, Secondary School basketball in New Zealand as well as coaching at a UAS Basketball Academy. Despite still having a very strong American accent he has lived in Australia for 9 of the past 10 years.

Gee Cooney
Development Officer



A proud local of Ngati-ranginui & Ngati kahungunu descent. Gee has both knowledge and passion for the game from her time as a player through Te Puna School, Otumoetai College and the representative programme. Gee attended the Koru tour as a player from 95-97 and this year has completed the circle and returned as a Coach

Johnny Carrizosa
Development Officer



Making his way to us all the way from the United States, Johnny brings with him 15+ years of playing experience. Coached High School and AAU Level Basketball. Also is a certified Personal Trainer in strength & conditioning.



NAVIGATORS INFORMATION

SQUAD: Under 9's – Option 1
YEAR OF BIRTH: 2009, 2010 & 2011
DAY & VENUE: Wednesday, Memorial Hall, QEYC
TIME: 4.00pm – 5.00pm
DATES: 1, 8, 15, 22, 29 Nov. 6 Dec
COST: \$30.00

SQUAD: Under 9's – Option 2
YEAR OF BIRTH: 2009, 2010 & 2011
DAY & VENUE: Thursday, ASB Stadium
TIME: 4.00pm – 5.00pm
DATES: 2, 9, 16, 23, 30 Nov. 6 Dec.
COST: \$30.00

SQUAD: Under 11's – Option 1
YEAR OF BIRTH: 2007 & 2008
DAY & VENUE: Wednesday, QEYC
TIME: 4.00 – 5.00pm
DATES: 1, 8, 15, 22, 29 Nov. 6 Dec.
COST: \$30.00

SQUAD: Under 11's – Option 2
YEAR OF BIRTH: 2007 & 2008
DAY & VENUE: Thursday, ASB Stadium
TIME: 4.00 – 5.00pm
DATES: 2, 9, 16, 23, 30 Nov. 6 Dec.
COST: \$30.00

SQUAD: Under 13's – Option 1
YEAR OF BIRTH: 2005 & 2006
DAY & VENUE: Tuesday, MH
TIME: 5.30pm – 7.00pm
DATES: 24, 31 Oct. 7, 14, 21, 28 Nov. 5, 12 Dec.
COST: \$50.00

SQUAD: Under 15's – Option 1
YEAR OF BIRTH: 2003 & 2004
DAY & VENUE: Tuesday, MH
TIME: 4.00 – 5.30pm
DATES: 24, 31 Oct. 7, 14, 21, 28 Oct. 5, 12 Dec.
COST: \$50.00

SQUAD: Girl's Squad
YEAR OF BIRTH: 2002 - 2006
DAY & VENUE: Thursday, QEYC
TIME: 4.00pm – 5.00pm
DATES: 26 Oct. 2, 9, 16, 23, 30 Nov. 7, 14 Dec.
COST: \$50.00

ENROLMENT PROCESS

Please follow the below link to register players
<http://taurangacitybasketball.co.nz/register>

**If you have previously registered a player
 please use your existing login and password.**

For more information please contact

Rachel Gwerder

Director of Development

Work: 07 578 0405

Mobile: 021 874 490

Email: development@taurangacitybasketball.co.nz



**Please remember that
 participants of Term 4
 Navigators, get offered the
 first option of attending
 Midnight Madness – the
 Basketball Party of the Year.**

Limited spaces available